

Water Primary School

Happiness, Health & Opportunity

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Friday 5th September 2025

Dear Families

PSHE Curriculum

As part of your child's education at Water Primary School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that over the Autumn/Spring Terms your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme.

Lessons will include pupils learning about healthy relationships, including friendships, families, growing and changing - including puberty, personal hygiene, changing feelings, becoming more independent, keeping safe, developing self-esteem and confidence. Pupils will also have opportunities to ask questions.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. All PSHE teaching will take place in a safe learning environment and is underpinned by our school ethos and values.

As a school community, we are committed to working in partnership with parents.

If you would like to find out more or discuss any concerns, please contact your class teacher or Miss Launder.

I have also attached a vocabulary map for your information.

Yours sincerely
Miss Launder
Subject lead for PSHE Education

