

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	<p>Baseline Assessment 1 (5FMS) Fundamental Movement Skills/SAQ (Speed, Agility, Quickness) Running, jumping, hopping, catching, throwing. <i>PRIORITISE FMS TO FIT COHORT FOLLOWING ASSESSMENT</i> (FOUNDATION STAGE LANCASHIRE 5 FMS FOR U'5s 2018)</p>	<p>Fine/Gross motor skills and cognitive development through Dance Activities. RUMBLE IN THE JUNGLE UNIT (LCC EYFS SOW 2016)</p>	<p>Baseline Assessment 2 (5FMS) Developing FMS through Gymnastic Activities. (Apparatus, Climbing, Rolling, Jumping, Balancing, Travelling) ELMER UNIT (LCC EYFS SOW 2016)</p>	<p>Developing FMS through Games Activities. ROSIE'S WALK UNIT (LCC EYFS SOW 2016)</p>	<p>Developing FMS through Multi-Sports/Games Activities. Running, jumping, hopping, catching, throwing, balance, control, dexterity, coordination, aiming, confidence. BUILD ON HOW TO CATCH A STAR UNIT (LCC EYFS SOW 2016)</p>	<p>Baseline Assessment 3 (5FMS) Developing FMS through Multi-Sports/Games Activities. Running, jumping, hopping, catching, throwing, balance, control, dexterity, coordination, aiming, confidence. BUILD ON SUPERWORM UNIT (LCC EYFS SOW 2016)</p>
Year 1	<p>Baseline Assessment (10FMS) Fundamental Movement Skills/SAQ (Speed, Agility, Quickness) Running fast, hopping, skipping, jumping, underarm throw, overarm throw, rolling a ball, bouncing a ball, kicking a ball, catching, side gallop. <i>PRIORITISE FMS TO FIT COHORT FOLLOWING ASSESSMENT</i> PENGUINS, POSSOMS AND PIGS UNIT (Baseline Unit LCC KS1 SOW 2017)</p>	<p>Developing sequencing and movement skills through Dance. FIRE, FIRE UNIT (LCC KS1 SOW 2017) OR ROBOTS UNIT (DANCE) (LCC KS1 SOW 2017)</p>	<p>Developing Gymnastic Skills. GROWTH AND GREEN UNIT (LCC KS1 SOW 2017)</p>	<p>Developing FMS and simple tactics through Games activities. FAMILY ALBUM UNIT (LCC KS1 SOW 2017)</p>	<p>Developing catching and throwing and team building skills through Games activities. THE GREAT OUTDOORS UNIT (LCC KS1 SOW 2017)</p>	<p>Developing travelling and sending skills, body actions and movement patterns through Athletics activities. HONEY POT (ATHLETICS) (LCC KS1 SOW 2017)</p>
Year 2	<p>Developing FMS further using SAQ Activities. Developing FMS of running, dodging, catching and striking. THE PLACE WHERE I LIVE UNIT (LCC KS1 SOW 2017)</p>	<p>Developing sequencing and movement skills through Dance. EXPLORERS (LCC KS1 SOW 2017)</p>	<p>Developing Gymnastics Skills. FIGHTING FIT (LCC KS1 SOW 2017)</p>	<p>Developing travelling, sending, receiving, attacking and defending strategies through Games activities. ‘PIGGY IN THE MIDDLE’ CORE TASK ‘STRIKING & FIELDING’ CORE TASK (LCC KS1 SOW 2017)</p>	<p>Developing running, throwing, jumping and catching skills through Athletics activities. COLOUR MATCH (LCC KS1 SOW 2014)</p>	<p>Baseline Re-assessment (10FMS) Developing travelling, sending, receiving skills and attacking and defending strategies through Athletics and Games activities. BUCKETS AND SPADES (LCC KS1 SOW 2017) This unit focuses on the FMS final assessment.</p>

<p>Year 3</p>	<p>Developing FMS further using SAQ Activities. Developing sending/receiving and simple attacking skills through uneven sides (3v1, 4v2)</p> <p>INVASION GAMES 'THREE TOUCH BALL' CORE TASK (Netball/Handball type activities)</p> <p>(LCC KS2 SOW 2019)</p>	<p>Developing sequencing and movement skills through Dance.</p> <p>RAINFORESTS (LANCS DANCE 2010 SCHEME Y3)</p>	<p>Developing Gymnastics Skills.</p> <p>THE BALANCING ACT (LCC KS2 SOW 2019)</p>	<p>Developing sending/receiving skills and simple attacking/defending strategies through Invasion Games activities.</p> <p>INVASION GAMES 'THREE TOUCH BALL' CORE TASK (Tag-Rugby/Football type activities) (LCC KS2 SOW 2019)</p>	<p>Developing throwing, catching, striking, fielding, movement skills and simple tactics using Net/Wall and Striking/Fielding Activities.</p> <p>NET/WALL (LCC KS2 Y3/4 SOW 2014)</p> <p>STRIKING/FIELDING 'RUN THE LOOP' CORE TASKS (Rounders/Cricket type activities) (LCC KS2 Y3/4 SOW 2014) or (LCC KS2 Y3 SOW STR/FIE 2019)</p>	<p>Developing orienteering and problem-solving skills through OAA. Developing throwing, running, jumping, sprinting techniques using Athletics activities.</p> <p>KS2 OAA ACTIVITIES (LCC KS2 SOW Y3/4 2014/LCC KS2 SOW OAA TRUST & TRAILS 2019)</p> <p>ATHLETICS (LCC KS2 SOW 2019)</p>
<p>Year 4</p>	<p>Developing FMS further using SAQ Activities. Developing sending/receiving, dribbling, shooting and simple attacking/defending skills through uneven sides (3v1, 4v2, 5v3)</p> <p>INVASION GAMES 'ON THE ATTACK' CORE TASK (Netball/Basketball type activities)</p> <p>(LCC KS2 SOW 2019)</p>	<p>Developing sequencing and movement skills through Dance.</p> <p>SUPERHEROES (LCC KS2 SOW 2014)</p>	<p>Developing Gymnastics Skills.</p> <p>Y4 CORE TASKS 1 & 2 (LCC KS2 SOW 2014) or (LCC KS2 SOW 2019)</p>	<p>Developing throwing/catching skills and simple attacking/defending strategies through Invasion Games activities.</p> <p>INVASION GAMES 'ON THE ATTACK' CORE TASK (Tag-Rugby/Football type activities) (LCC KS2 SOW 2019)</p> <p>SWIMMING Y4</p>	<p>Developing throwing, catching, striking, fielding, movement skills and simple tactics using Net/Wall and Striking/Fielding Activities.</p> <p>NET/WALL (LCC KS2 Y3/4 SOW 2014)</p> <p>STRIKING/FIELDING 'RUN THE LOOP' CORE TASKS (Rounders, Cricket type activities) (LCC KS2 Y3/4 SOW 2014)</p>	<p>Developing orienteering and problem-solving skills through OAA. Developing throwing, running, jumping, sprinting techniques using Athletics activities.</p> <p>KS2 OAA ACTIVITIES (LCC KS2 SOW Y3/4 2014) or TEAMWORK & PROBLEM SOLVING (LCC SOW KS2 Y4 2019)</p> <p>ATHLETIC ACTIVITIES (LCC KS2 SOW Y4 2019)</p>
<p>Year 5</p>	<p>Developing FMS further using SAQ Activities. Developing sending/receiving, dribbling, shooting and attacking/defending skills in SSG.</p> <p>INVASION GAMES CORE TASK Y5/6 TAG RUGBY UNIT & Y5/6 HIGH 5 UNIT (Tag-Rugby, Netball/Basketball/Handball type activities)</p> <p>(LCC KS2 SOW 2014)</p>	<p>Developing sequencing and movement skills through Dance.</p> <p>MAKING THE GRADE/LANCASHIRE GIANT/ROBINHOOD/THE HIGHWAY MAN or CURRICULUM LINK (WW11) (LCC KS2 SOW 2014)</p>	<p>Developing Gymnastics Skills/personal development/further opportunities.</p> <p>Y5 CORE TASK 'ACROBATIC GYMNASTICS' (LCC KS2 SOW 2014)</p>	<p>Developing sending/receiving, dribbling, shooting and attacking/defending skills in SSG.</p> <p>Y5/6 CORE TASK 'CALLING THE SHOTS' (Football, Netball, Basketball, Hockey, Tag-Rugby, Handball type activities) (LCC KS2 SOW 2014)</p>	<p>Developing consistency in forearm/backhand shots, throwing, catching, striking, fielding, movement skills and simple principles of attack and evaluating tactics using Net/Wall and Striking/Fielding Activities.</p> <p>STRIKING/FIELDING (Rounders/Cricket type activities (LCC KS2 Y5/6 SOW 2014)</p> <p>NET/WALL (LCC KS2 Y5/6 SOW 2014 CORE TASK 1&2) (Tennis, Badminton type activities)</p> <p>SWIMMING</p>	<p>Developing orienteering and problem-solving skills through OAA. Developing throwing, running, jumping, sprinting techniques using Athletics activities.</p> <p>KS2 OAA ACTIVITIES (LCC KS2 SOW Y5/6 2014) CLIMBING KAYAKING FISHING ARCHERY ORIENTEERING</p> <p>ATHLETICS (LCC KS2 SOW Y5/6 2014) THREE RUN CORE TASK THREE JUMPS CORE TASK THREE THROWS CORE TASK</p> <p>SWIMMING</p>

<p>Year 6</p>	<p>Developing FMS further using SAQ Activities. Developing sending/receiving, dribbling, shooting and attacking/defending skills in SSG.</p> <p>INVASION GAMES CORE TASK Y5/6 TAG RUGBY UNIT & Y5/6 HIGH 5 UNIT (Tag-Rugby, Netball/Basketball/Handball type activities)</p> <p>(LCC KS2 SOW 2014)</p>	<p>Developing sequencing and movement skills through Dance.</p> <p>MAKING THE GRADE/LANCASHIRE GIANT/ROBINHOOD/THE HIGHWAY MAN or CURRICULUM LINK (WW11)</p> <p>(LCC KS2 SOW 2014)</p>	<p>Developing Gymnastics Skills/personal development/further opportunities.</p> <p>Y6 CORE TASK ‘GROUP DYNAMICS’</p> <p>(LCC KS2 SOW 2014)</p> <p>Develop a broader range of skills. (TRAMPOLINING)</p>	<p>Developing sending/receiving, dribbling, shooting and attacking/defending skills in SSG.</p> <p>Y5/6 CORE TASK ‘CALLING THE SHOTS’</p> <p>(Football, Netball, Basketball, Hockey, Tag- Rugby, Handball type activities)</p> <p>(LCC KS2 SOW 2014)</p>	<p>Developing consistency in forearm/backhand shots, throwing, catching, striking, fielding, movement skills and simple principles of attack and evaluating tactics using Net/Wall and Striking/Fielding Activities.</p> <p>NET/WALL (LCC KS2 Y5/6 SOW 2014 CORE TASK 1&2) (Tennis, Badminton type activities)</p> <p>STRIKING/FIELDING (Rounders/Cricket type activities (LCC KS2 Y5/6 SOW 2014)</p> <p>SWIMMING</p>	<p>Developing orienteering and problem-solving skills through OAA. Developing throwing, running, jumping, sprinting techniques using Athletics activities.</p> <p>KS2 OAA ACTIVITIES (LCC KS2 SOW Y5/6 2014) CLIMBING KAYAKING FISHING ARCHERY ORIENTEERING</p> <p>ATHLETICS (LCC KS2 SOW Y5/6 2014) THREE RUN CORE TASK THREE JUMPS CORE TASK THREE THROWS CORE TASK</p> <p>SWIMMING</p>
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Acorn Class – EYFS – Emma.S

Willow – Y1 – Jen.E

Hazel Class – Y2 – Chloe.A

Maple Class – Y3/4 – Michelle.L

Blossom Class – Y4/5 – Olivia.W

Sequoia Class – Y6 – Rebecca.S