

Water Primary School

Happiness, Health & Opportunity

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Headteacher: Miss E. McKay



15th September 2023

SEND Coffee Morning – Thursday 5th October 9:00-10:00am

Dear Parents/Guardians,

We would like to invite you to our SEND Coffee Morning on Thursday 5th October from 9.00am until 10:00am. All families are welcome to join us for a brew and a biscuit!

Miss McKay and I, along with Parents and Carers can join together for a drink and a chat to share ideas, tips and offer advice in a friendly environment. We will also be joined by a representative from Home Start who will be there to offer support if needed. Please see the information overleaf regarding Home Start and how they work alongside families.

If anyone would like to donate cakes or biscuits for this event, then please bring them along to school on the day.

Thank you for your continued support.

Yours faithfully,

Mrs. J Edington
Deputy Headteacher and SENCo





Working alongside families

Being a parent has never been easy. It can be lonely, frustrating, heart breaking and overwhelming.

- Are you struggling with your mental health?
- Are you feeling lonely, or isolated?
- Are you struggling with coping with the demands of having a baby, children under 13 or twins/triplets?
- Are you finding it hard to cope because you or your child is ill or disabled?
- Has your family been affected by stillbirth, miscarriage or the loss of a child?
- Do you need practical help with things like budgeting or healthy eating?
- Do you have family members with inherited conditions?
- Are you worried about school readiness or school-aged children with health or education issues?



- Would you like help to access local activities and support for parents and children?
- Are you feeling tired, unhappy and exhausted?

We work with families to build their strengths and use different support depending on what they tell us they need. This includes:

- Home-visiting
- Family groups
- Trips and outings

All of our services are based around the principle that volunteers offer no judgement, just compassionate, confidential help and support.

All of our volunteers undergo a thorough preparation course.

All our volunteers have parenting experience so they understand the challenges.

If you would like support, just ask!



"I am really grateful for all the help I have had from my volunteer and coordinator. We are not used to people actually caring about us and going that extra mile to help us" —Family

Contact us today to find out more about how to volunteer with Home-Start families.

Visit us - www.homestartaastancs.org

Email us - info@homestartaastancs.org

Call us - 01282 690536



Parents supporting parents

Home-Start's volunteers work alongside families to give compassionate and confidential support tailored to each family.

Our volunteers are trained and given expert support from the local Home-Start in their community.

To find out more about volunteering for Home-Start visit our website or download our application form by snapping our QR code



We help families with children up to the age of 13, from any background through their most challenging times



HOME START

In East Lancashire

Registered Charity no 1106092

To find out more about Home-Start

Please visit

www.homestarteastlancs.org

Or Contact us at

**Suite 1 Bridgewater House
Surrey Road
Nelson**

01282 690536

info@homestarteastlancs.org



Because childhood can't wait

The earliest years make the biggest impact. Home-Start make sure that those years count so that no child's future is limited.

HOME START

In East Lancashire