



Hello there, we are writing to let you know about another great CPD opportunity, organised by Spectrum of Light Rossendale (SoLR).

I am sure you will have heard of SoLR. We are a local support group for parents, carers and relatives of people with autism and other extra needs.

As part of our mission to empower parents, carers and professionals living and working with autistic individuals and those with other additional needs we have arranged an evening presentation to be held at St Paul's Community Centre, just off Burnley Road, Rawtenstall, on Friday 22nd March 7-9pm. The wonderful Emily Pegg will present 'Exploring the link between Autism and Eating Disorders' and this will be available for all to attend at a minimal cost of £5.00 per attendee.

Presentation content will include:

- AFRID/Anorexia Nervosa/OSFED etc
- Common eating disorder symptoms in autistic individuals
- Factors contributing to the link
- The impact of co-occurring autism and eating disorders
- Educating professionals, caregivers and parents; Strategies for supporting individuals with autism and eating disorders: Where can I go for help?

Interest can be registered via :info@spectrumoflightrossendale.co.uk Please be in touch if you need any further information.

Best wishes
Team Spectrum.