

# Water Primary School

## Happiness, Health & Opportunity

Burnley Road East  
Water, Rossendale  
BB4 9PX  
Tel: 01706 216 414  
Fax: 01706 218 637  
Email: [head@water.lancs.sch.uk](mailto:head@water.lancs.sch.uk)  
Website – [www.water.lancs.sch.uk](http://www.water.lancs.sch.uk)

Headteacher: Miss E. McKay



21<sup>st</sup> May 2024

Dear Parent/Guardian,

In Summer Term 2, Acorn and Hazel Classes will be discussing the NSPCC's Underwear Rule in our PSHE lessons and assemblies. During these discussions we will aim to teach our pupils the following important safety skills, without giving explicit information or telling scary stories. We will be teaching our pupils the NSPCC's Underwear Rule, using the 'PANTS' acrostic, which is like a green cross code for staying safe from sexual abuse.

**PANTS** stands for:

- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up, someone can help

The lessons will introduce a range of ideas, all delivered in a way that's fully age appropriate. These include:

- "Appropriate" and "inappropriate" touching
- Your child's right to say no to things that make them feel upset or uncomfortable
- Naming parts of the body
- Who your child can turn to if they ever feel upset or worried.

If you would like to know more about the NSPCC's campaign and see how you can help keep your children safe in partnership with our school, more information can be found at [www.nspcc.org.uk/underwearrule](http://www.nspcc.org.uk/underwearrule) and please follow this link for the **Underwear Rule: Guide for Parents** – <https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

If you have any questions or concerns, please don't hesitate to get in touch.

Thank you for your continued support.

Yours faithfully  
Mrs Edington  
Deputy Headteacher

