

YEAR A - 2025 / 2026 - Water Primary School - PE Curriculum Yearly Overview

KS1 (this is a working document so please add to it and edit it throughout the year)						
Acorn Class – YR/1 EYFS units & Y1.	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
LESSON 1	EYFS – Fundamental Movement Skills	FMS FMS baseline Y1 Lost and Found unit (assess YR and Y1)	Gymnastics Year 1 Gymnastics Activities 1	FMS KS1 - Y1 Athletics What do they need to focus on?	FMS EYFS Minibeasts What do they need to focus on?	FMS KS1 FMS Supertato Baseline assessment for YR and Y1
LESSON 2	FMS How to catch a star	FMS KS1 – Y1 – Rolling a ball Nativity practice	Dance Year 1 Toy Story	FMS EYFS Hungry Caterpillar	FMS Y1 – Underarm throw	FMS Y1 - Catching and bouncing a ball
OTHER	Outdoor play focus on 5 FMS + OAA/forest schools	Outdoor play focus on 5 FMS /continuous provision, + OAA/Forest schools + Xmas performance	Outdoor play focus on 5 FMS /continuous provision, yoga + OAA/forest schools.	Outdoor play/continuous provision, yoga + OAA/forest schools	Outdoor play focus on 10 FMS /continuous provision, yoga + OAA/forest schools. Sports day.	Outdoor play focus on 10 FMS /continuous provision, yoga + OAA/forest schools +
MAJOR SPORTING EVENTS						Wimbledon

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Hazel Class – Y1/2 KS1 / Y1 & Y2 units	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
LESSON 1	FMS FMS baseline Y1 Lost and Found unit (assess Y1 and Y2)	FMS Y2 – Gymnastics Activities	FMS and Gym Jack and the beanstalk	FMS KS1 - Y2 FMS Bounce Ball	OAA Year 2 - OAA -The Great Outdoors	FMS Year 2 FMS end of KS1 Assessment (assess Y1 and Y2)
LESSON 2	FMS KS1 - Kicking unit	Dance KS1 Y1 Fire Fire Nativity practice	Dance Year 2 Under the sea	FMS Y2 Playground games in the 20th Century	Athletics KS1 – Y2 Athletics	Striking and Fielding Y2 Games
OTHER	OAA/Forest schools/yoga/mindfulness/Outdoor play focus on 10 FMS	OAA/Forest schools/yoga/mindfulness/ Outdoor play focus on 10 FMS Xmas performance	OAA/Forest schools/ yoga/mindfulness/ Outdoor play focus on 10 FMS. Children’s mental health week and PSHE Day.	OAA/Forest Schools/ yoga/mindfulness/ Outdoor play focus on 10 FMS.	OAA/Forest Schools/ yoga/mindfulness/ Outdoor play focus on 10 FMS. Sports day.	OAA/Forest Schools/ yoga/mindfulness/ Outdoor play focus on 10 FMS
MAJOR SPORTING EVENTS						
KS2						

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KS2 (this is a working document so please add to it and edit it throughout the year)						
Maple Class – Y3/4 Y3 units & Y4 units	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
LESSON 1	Striking and fielding Year 3/4 Striking and fielding - rounders	Invasion Games Year 3/4 On the attack	Dance Year 3/4 Dance – Rock and roll	Invasion Games Year 3/4 Handball	Swimming and water safety	Swimming and water safety
LESSON 2	OAA Year 3/4 - Team work and problem solving	Gymnastics Year 3 Gymnastics Core Task 1	Year 3/4 health related fitness	Athletics Y3/4 athletics	Target Games Year 3/4 Dodgeball	Net and Wall Year 3/4 Tennis
OTHER	FMS catch up units if needed.	FMS catch up units if needed.	Children's mental health week and PSHE Day.	Biggest ever girls footie session.	Sports day and sports week.	
MAJOR SPORTING EVENTS						

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KS2 (this is a working document so please add to it and edit it throughout the year)						
Blossom Class – Y4/5 Y 4 and Y5 units	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
LESSON 1	Creative Games Year 5/6 Creative games	Dance Year 5/6 Dance - Seaside	Swimming and water safety	Swimming and water safety	Striking and fielding Year 5/6 Striking and fielding - rounders	OAA Year 5 Orienteering
LESSON 2	Dance Year 5/6 Earthlings	Gymnastics Year 5 Gymnastic Core Task 1	Invasion Games Year 5/6 Netball	OAA Year 5/6 Teamwork and problem solving 2	Athletics Y3/4 athletics	Net and Wall Year 5/6 Tennis
OTHER			Children's mental health week and PSHE Day	Biggest ever girls footie session.	Extra athletics practise for comps. Sports day and sports week.	End of year performance
MAJOR SPORTING EVENTS						
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Sequoia Class – Y6 Y5/6 and Y6 units	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
LESSON 1	Swimming and water safety	Swimming and water safety	Gymnastics Year 6 Gymnastics Core Task 2	Invasion games Year 5/6 Invasion Games – Rugby 2	OAA Year 5/6 Orienteering	Net and Wall Year 5/6 Tennis
LESSON 2	OAA Year 5/6 Team work and problem solving 2	Dance Year 5/6 Robin Hood	Dance Year 5/6 Highway Man	Striking and fielding Year 5/6 Rounders	Athletics Year 5/6 Athletics	Invasion Games Year 5/6 Hockey
OTHER	OAA/Forest schools. Sort school games crew and play leaders.	OAA/Forest schools	Children’s mental health week and PSHE Day	Biggest ever girls footie session.	Extra athletics practice for comps. Sports day and sports week.	OAA/Forest schools. End of year performance. Health and well- being day.
MAJOR SPORTING EVENTS						

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